

## Patient Information Form

Welcome! We're dedicated to providing exceptional footcare for people of all ages. Please help us get to know you better by providing the following information. Patients with serious medical emergencies should go to the nearest Hospital Emergency Department.

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_  
 Address: \_\_\_\_\_ City: \_\_\_\_\_ Postal Code: \_\_\_\_\_  
 Phone (Home): \_\_\_\_\_ Phone (Cell): \_\_\_\_\_  
 Phone (Work): \_\_\_\_\_ Phone Other: \_\_\_\_\_  
 Email Address: \_\_\_\_\_ Please indicate your choice for appointment confirmation:  
 Date of Birth (D/M/Y): \_\_\_\_\_  Phone Call  Email  Text Message

We would also like to learn about your preferences for receiving information from us! Our clinic takes patient confidentiality seriously. May we use your email address for:  Financial Documents  Appointment Related Correspondence  Newsletter/Other

Your Occupation: \_\_\_\_\_ Employer: \_\_\_\_\_  
 Emergency Contact Name: \_\_\_\_\_ Relationship: \_\_\_\_\_  
 Phone (Primary): \_\_\_\_\_  
 Parent/Guardian Name(s) (if child is under 18): \_\_\_\_\_

How did you first hear about our clinic?  
 Family/Friend/Colleague (Please indicate their name so we can thank them) : \_\_\_\_\_  
 Our Website  Facebook  Instagram  LinkedIn  
 Newspaper  Health Care Professional  Other (Please specify): \_\_\_\_\_

### Help us help you! Please answer the following foot questions:

Your foot problems involve:  
 Right Foot  Left Foot  Both Feet  
 Why are you here today? Explain your current foot problem(s):  
 \_\_\_\_\_  
 \_\_\_\_\_  
 Is this problem getting:  
 Worse  Better  Same  
 Have you had medical treatment for this problem? (circle one) **Y / N**

Have you been treated for: (check all that apply)

<input type="checkbox"/> Back pain	<input type="checkbox"/> Gout
<input type="checkbox"/> Warts	<input type="checkbox"/> Broken foot/leg bones
<input type="checkbox"/> Heel pain	<input type="checkbox"/> Flat feet
<input type="checkbox"/> High arch feet/pain	<input type="checkbox"/> Ankle injury
<input type="checkbox"/> Corns	<input type="checkbox"/> Neuroma
<input type="checkbox"/> Callouses	<input type="checkbox"/> Knee pain
<input type="checkbox"/> Bunions	<input type="checkbox"/> Ingrown Toenails
<input type="checkbox"/> Hammertoes	<input type="checkbox"/> Childhood foot problems

If you've had foot x-rays, when were they taken: \_\_\_\_\_

What is your current:  
 Height: \_\_\_\_\_ Weight: \_\_\_\_\_ Shoe Size: \_\_\_\_\_  
 On average, how much are you on your feet?  
 20%  40%  60%  80%  100%  
 What type of footwear do you wear most for work or leisure?  
 Safety shoe  Athletic  Dress  Sandal  
 Other: \_\_\_\_\_

Do you currently use orthotics (shoe inserts)? (circle one) **Y / N**

Check any sports or activities you participate in regularly:

<input type="checkbox"/> Walking	<input type="checkbox"/> Running
<input type="checkbox"/> Aerobics/Aqua Fit	<input type="checkbox"/> Golf
<input type="checkbox"/> Hockey	<input type="checkbox"/> Soccer
<input type="checkbox"/> Racquet sports	<input type="checkbox"/> Skiing
<input type="checkbox"/> Other: _____	

## Please answer the following questions:

Do you have or have you ever been treated for:  
(Check all that apply)

- |                                                                                                                                         |                                                |
|-----------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------|
| <input type="checkbox"/> Heart trouble                                                                                                  | <input type="checkbox"/> Skin disorder         |
| <input type="checkbox"/> Hepatitis                                                                                                      | <input type="checkbox"/> Thyroid problem       |
| <input type="checkbox"/> Liver disease                                                                                                  | <input type="checkbox"/> HIV/AIDS              |
| <input type="checkbox"/> Urinary problem                                                                                                | <input type="checkbox"/> Blood disease         |
| <input type="checkbox"/> Stroke                                                                                                         | <input type="checkbox"/> Stomach/Bowel trouble |
| <input type="checkbox"/> Depression                                                                                                     | <input type="checkbox"/> Anxiety               |
| <input type="checkbox"/> High blood pressure                                                                                            | <input type="checkbox"/> Bone disease          |
| <input type="checkbox"/> Cholesterol                                                                                                    | <input type="checkbox"/> Arthritis             |
| <input type="checkbox"/> Cancer                                                                                                         | <input type="checkbox"/> Epilepsy              |
| <input type="checkbox"/> Shortness of breath                                                                                            | <input type="checkbox"/> Tuberculosis          |
| <input type="checkbox"/> Diabetes: <input type="checkbox"/> Type 1 <input type="checkbox"/> Type 2 How long? _____                      |                                                |
| <input type="checkbox"/> Have you ever attended a Diabetic clinic? <input type="checkbox"/> Yes <input type="checkbox"/> No             |                                                |
| <input type="checkbox"/> Have you ever had a Diabetic foot ulcer or infection? <input type="checkbox"/> Yes <input type="checkbox"/> No |                                                |
| <input type="checkbox"/> Other: _____                                                                                                   |                                                |

Please provide your medication record or list your current prescription medications:

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Do you have any known allergies to:

- Local anaesthetics? (e.g. Xylocaine, Novocaine)  Yes  No  
Adhesive tape/band-aids?  Yes  No

Other: \_\_\_\_\_

- Are you slow to heal after cuts?  Yes  No  
Do you bruise easily?  Yes  No  
Are you currently pregnant or nursing?  Yes  No

## Physicians & Medical Specialists

Family Physician: \_\_\_\_\_

Phone: \_\_\_\_\_

- Has your doctor treated your foot condition?  Yes  No  
Did this doctor refer you to us?  Yes  No

Medical Specialist: \_\_\_\_\_

Phone: \_\_\_\_\_

- Has this specialist treated your foot condition?  Yes  No  
Did this doctor refer you to us?  Yes  No

## Patient's Consent Please check all the agreed conditions.

Please refer to our website for additional information and Patient Policies.

- I hereby consent/allow to examination and treatment including various modes of physical therapy, by the Chiropractor and/or support staff, also to allow photographs of treatment areas to be taken for the purposes of monitoring.
- I consent/allow the Chiropractor to contact my physician for any pertinent information required relating to my treatment or medical information.
- I consent/allow the Chiropractor to send my physician or health care professional a report regarding my foot exam and treatment plan.
- I further understand and am informed that, as in all health care, in the practice of chiropractic, there are some very slight risks to treatment including, but not limited to pain, swelling and infection. I do not expect the Chiropractor to be able to anticipate and explain all the risks and complications. I wish to rely on the Chiropractor's judgment in regards to my appointment and my care.
- I understand that I am financially responsible for all charges whether covered by my health insurance plan or not and are payable at the time service is provided. You will be notified of additional fees prior to treatment.

Patient's signature (or guardian): \_\_\_\_\_ Date: \_\_\_\_\_

We promise to treat your personal information with respect. Our privacy protocols comply with privacy legislation, the standards of the College of Chiropractors of Ontario and the law. Be assured that everyone in our office is committed to ensuring that you receive the best quality footcare.

We require at least 48 hours' notice to cancel or reschedule an appointment. The appointment fee will be applied for appointments cancelled with less than 48 hours' notice or a missed appointment. All fees for cancellations/missed appointments are the patient's responsibility.

Chiropractor's signature: \_\_\_\_\_ Date: \_\_\_\_\_

- J. Richard Werkman**, D.Ch., B.Sc. Podiatric Medicine, Registered Chiropractor
- Kaitlin V. Boven (nee: Werkman)**, B.Sc. (Hons) Podiatry, MSc Diabetes, Registered Chiropractor
- Stephen Witiuk**, B.A. Kin., D.Ch., Registered Chiropractor
- Vanessa Pontet**, B.Sc. (Hon), D.Ch., Registered Chiropractor
- Lauren Wilkins**, B.Kin., D.Ch., Registered Chiropractor
- Matthew Collison**, BSc (Hons) MRes, MRCPod, FPPM RCPS (Glasg), Registered Chiropractor

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